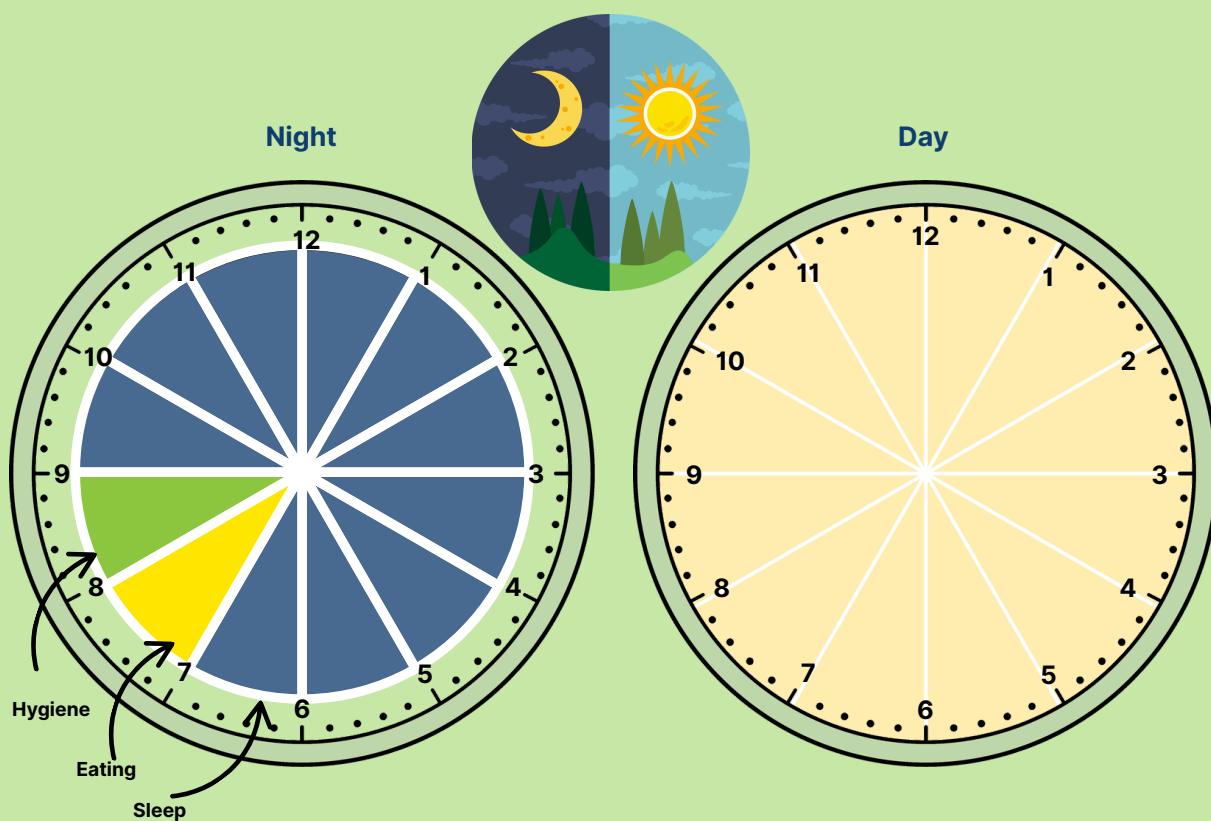


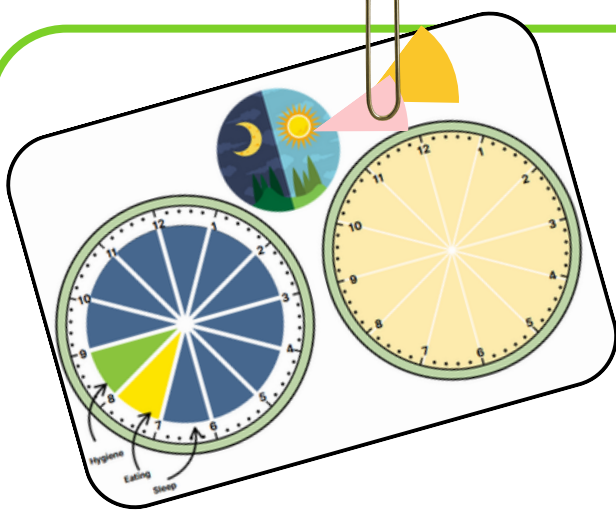
LEVEL 1

ENIGMATHICQ

# ACTIVITY 1

## Time for action!





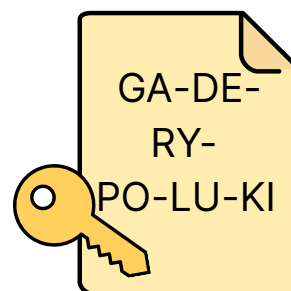
## Mission sheet: Time for action!

### TOOLS

- The two clocks
- Coded activity sectors

### STEP ONE: 12 HOURS ON THE CLOCK...

Cut up all the pieces, decipher the hidden message with the help of this key:



### THINK:

Put all the pieces in a logical order on the day-clock:  
What does Noah's typical Tuesday look like?

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### COMPARE:

How is your typical Tuesday different from Noah's?

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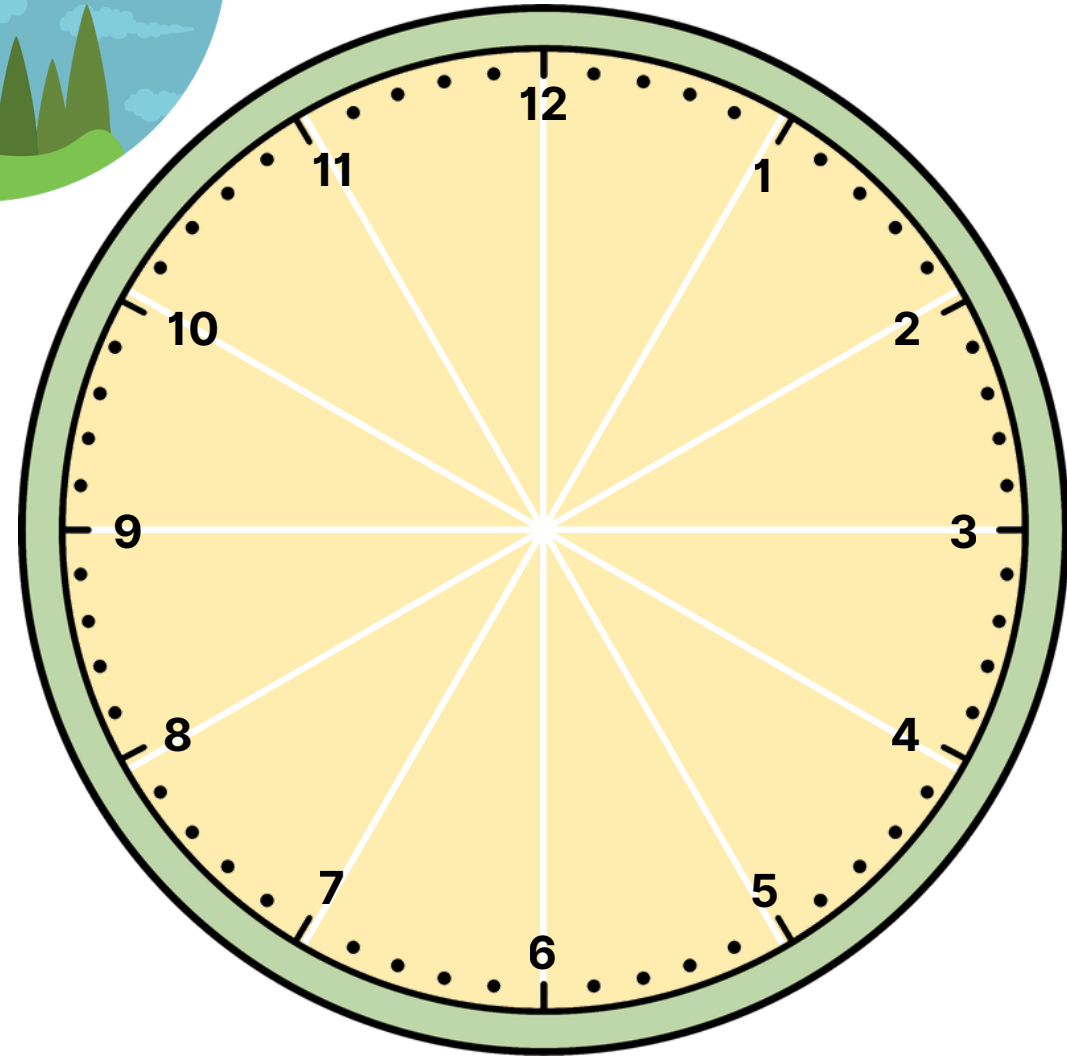
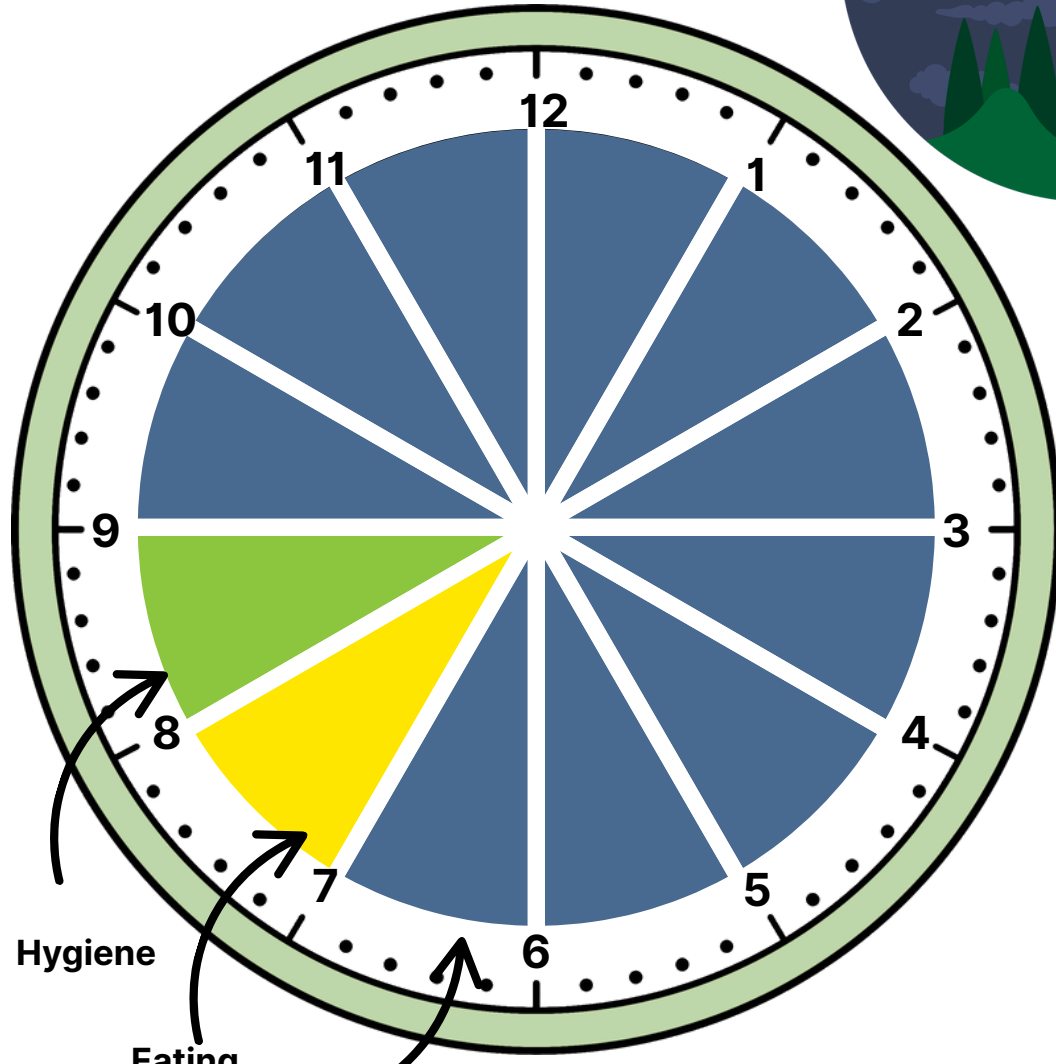


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Night

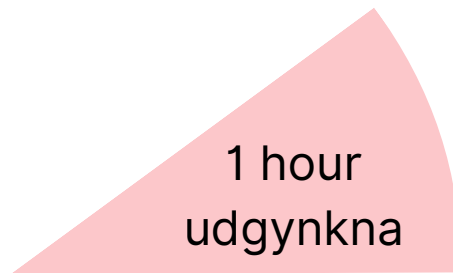
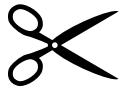
Day

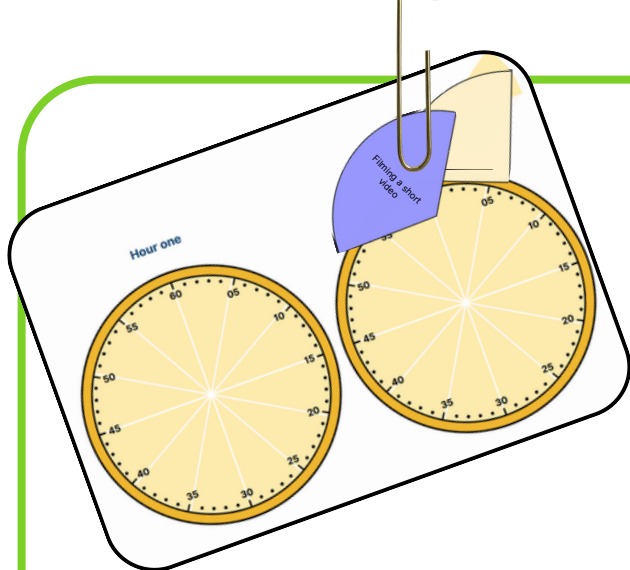


Hygiene

Eating

Sleep





## Mission sheet: Time for action!

### TOOLS

- Two hour clocks
- Cut up activity sectors

### STEP TWO: 60 MINUTES ON THE CLOCK...

Look at the activities and at the time they take: You have two free hours. Choose what you want to do wisely!

Choose at least:

- one creative activity,
- one activity to nourish your mind
- one activity to move your body

### THINK:

Was it hard to choose activities that are creative, that nourish your mind and that make you move your body?

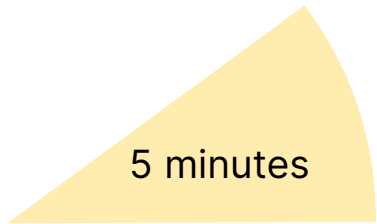
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### COMPARE:

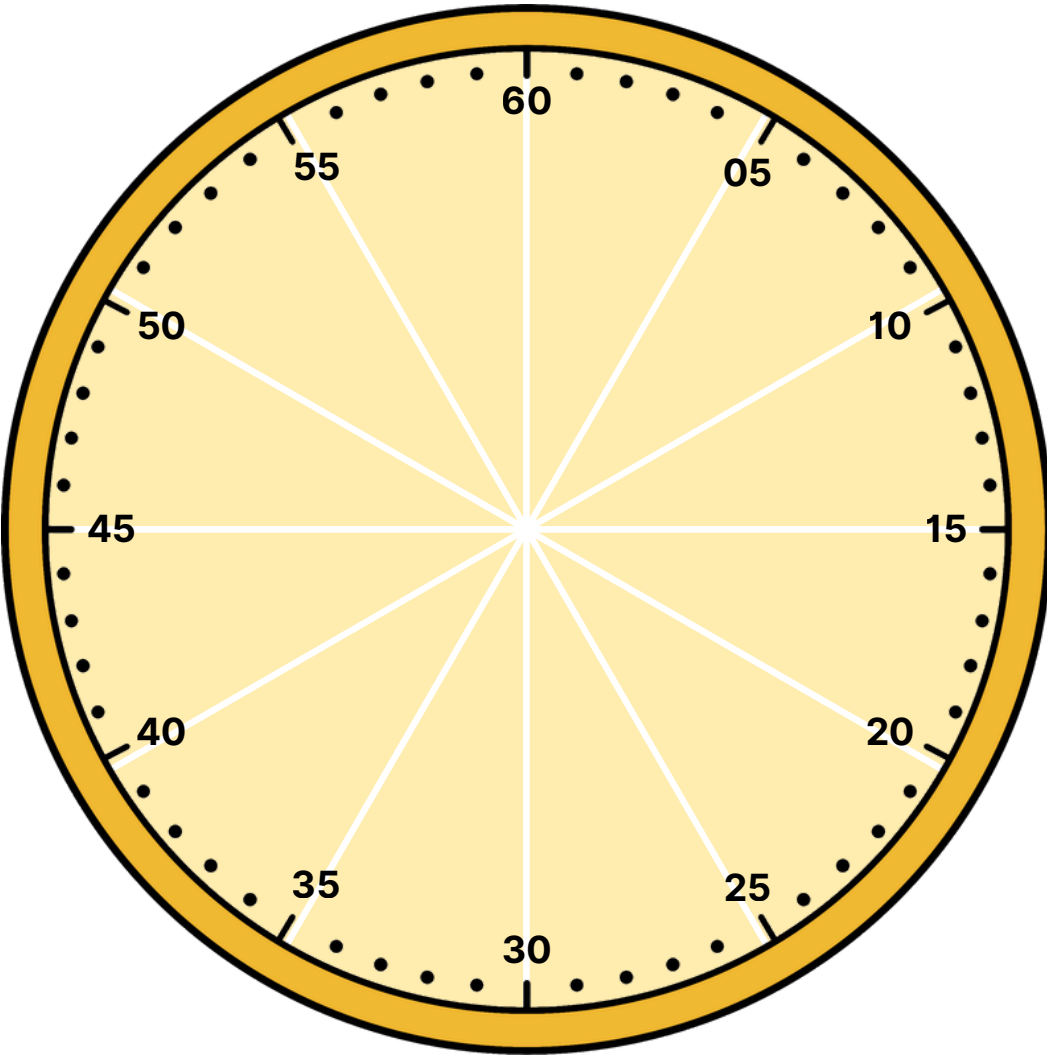
Do the two hours you created look like what you usually do in your free time?

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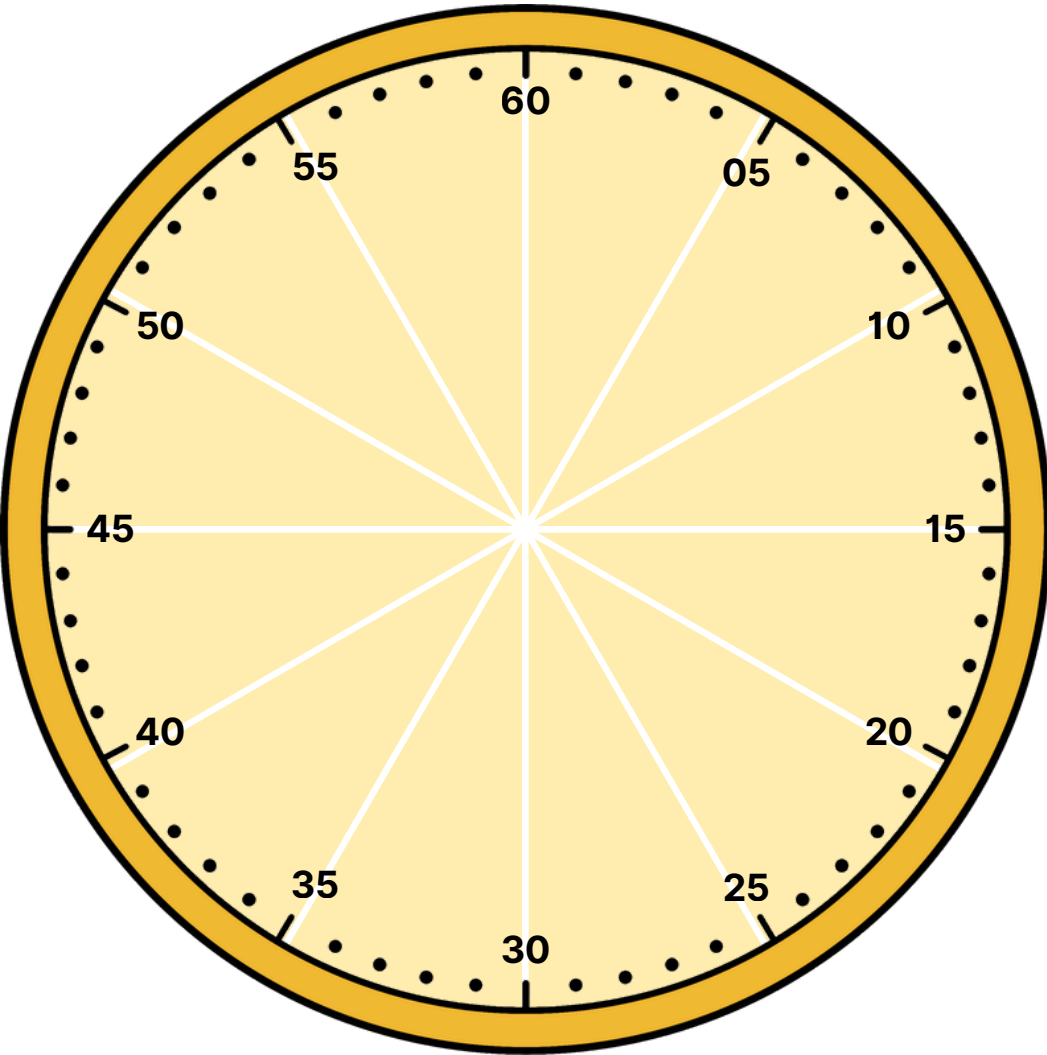
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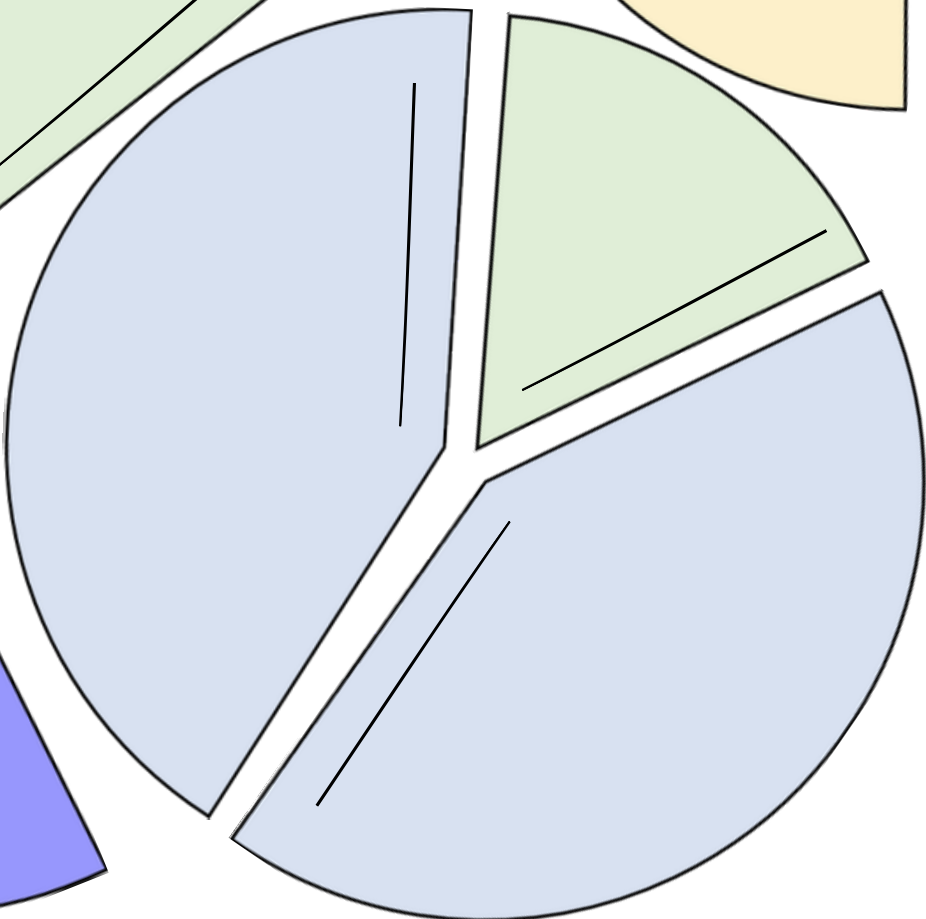
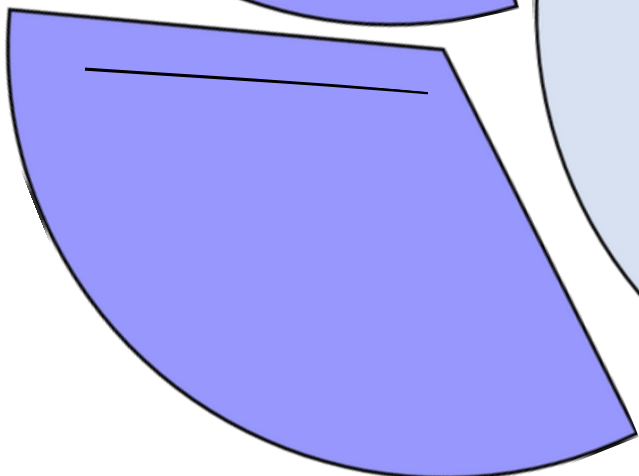
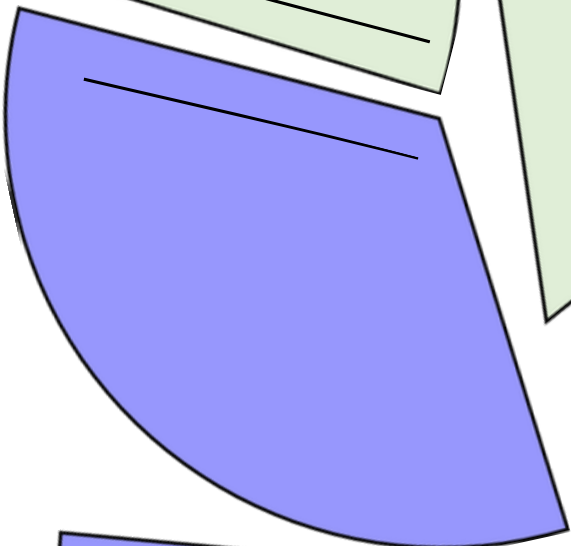
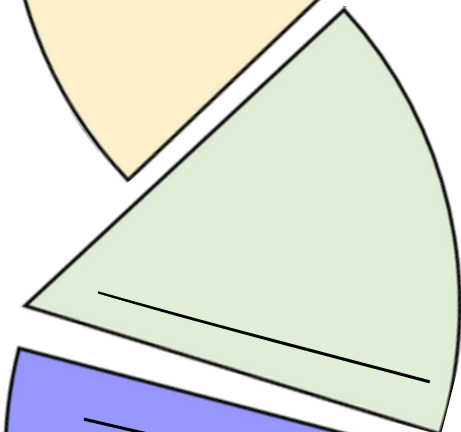
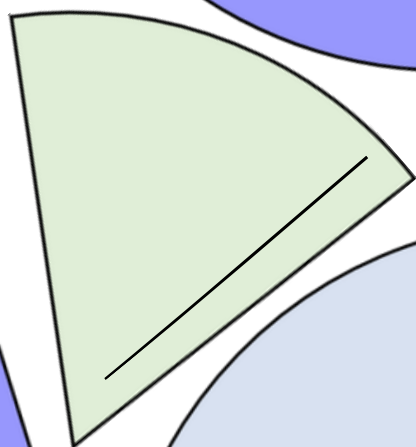
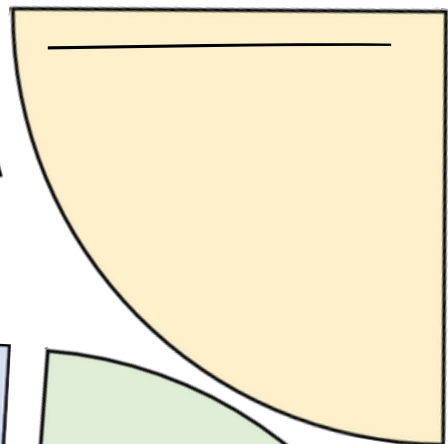
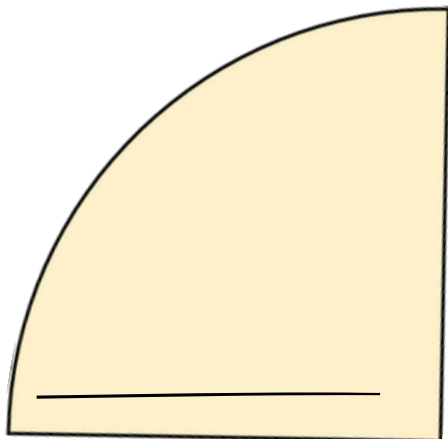
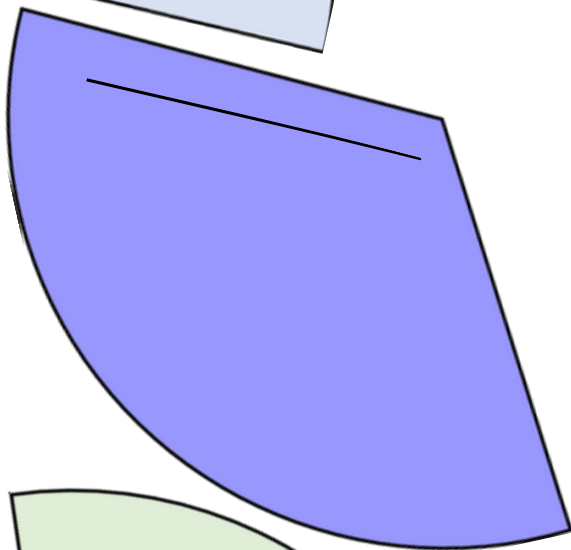
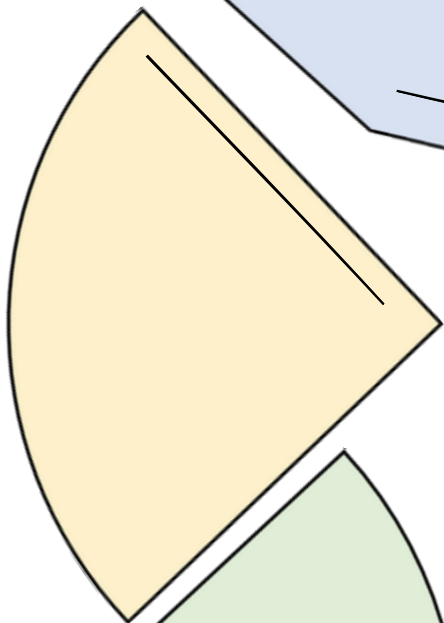
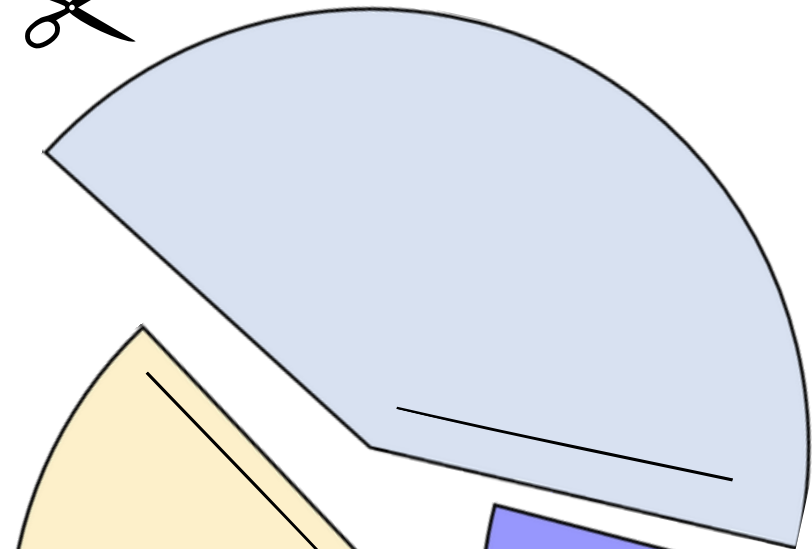
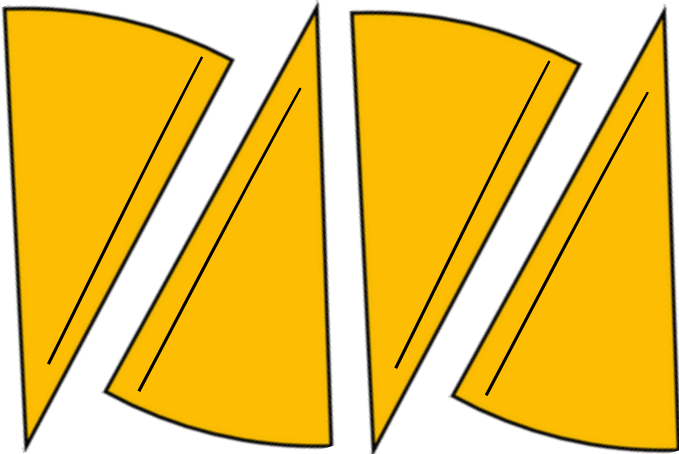
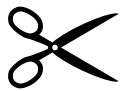


Hour one



Hour one







Stretching like  
a cat

Balancing on  
one foot

Dancing to a  
popular tune

Counting  
backwards from  
1000

Singing a song

Drawing a silly  
face

Riddling a simple  
puzzle

Choosing a  
recipe



Building a block tower

Reading a fairytale

Listening to a fun  
podcast

Scavenging for red  
objects

Writing a short story

Tidying up a desk

Creating a comic  
strip

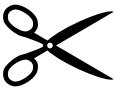
Designing a  
superhero costume

Investigating a  
mystery

Cooking a simple  
snack

Inventing a secret  
handshake





Playing a game of  
cards

Filming a short  
video

Exploring a new  
place

Composing a  
simple tune

Baking cookies

Assembling a Lego set

Programming a simple  
robot

Debating a fun topic

Planning a dream  
vacation